

PURPOSE-DRIVEN LIFE HEALTH ASSESSMENT

Just Beginning
Getting Going
Well Developed



CONNECT: You were formed for God's family

- I am developing authentic community within my church family 1 2 3 4 5
- I am more loving, grace giving and forgiving to others than I was a year ago 1 2 3 4 5
- I am intentionally cultivating my relationships with Christian friends and spiritual mentors 1 2 3 4 5
- I am regularly connecting with my immediate family relationships (parent, siblings, kids and spouse) 1 2 3 4 5
- I am resolving conflict with others in a Biblical manner and supporting the leadership of my church family 1 2 3 4 5

Membership Total _____



GROW: You were created to become like Christ

- I have a growing relationship with God through regular quiet time in His Word and prayer 1 2 3 4 5
- I respond to challenges with peace and faith rather than anxiety and fear 1 2 3 4 5
- I avoid using addictive behaviors (food, television, busyness, etc.) to meet my needs 1 2 3 4 5
- I have a relationship with someone that encourages spiritual health & personal growth (spiritual partner) 1 2 3 4 5
- I am honoring God with my finances (budget) and my personal giving to His work (tithing) 1 2 3 4 5

Maturity Total _____



SERVE: You were shaped for serving God

- I am expressing my unique God-given design as a way of life (home, work, and community) 1 2 3 4 5
- I am open and praying to be used by God and express my unique S.H.A.P.E. for ministry 1 2 3 4 5
- I am serving in a regular (once a month or better) ministry in the church or community 1 2 3 4 5
- I am sharing group ownership by assuming a small responsibility or facilitating a discussion group 1 2 3 4 5
- I am discovering new ways to cultivate and develop my unique SHAPE for ministry 1 2 3 4 5

Ministry Total _____



SHARE: You were made for a Mission

- I am actively praying for and cultivating relationships with un-churched friends and family 1 2 3 4 5
- I am inviting seekers (un-churched people) to church and sharing my spiritual story with them 1 2 3 4 5
- I am seeking to connect unchurched people into our group or in the lives of our group members 1 2 3 4 5
- I am praying and considering where God can use me cross-culturally in the future 1 2 3 4 5
- I am regularly investing in the spiritual life of another person or group (spiritual reproduction) 1 2 3 4 5

Mission Total _____



WORSHIP: You were planned for God's pleasure

- I am faithfully attending church worship services for spiritual renewal and refreshment 1 2 3 4 5
- I have a personal plan and process to help me achieve my goals and dreams (health plan) 1 2 3 4 5
- I have a growing heart for worship to God through music and praise (personal, group & church) 1 2 3 4 5
- I am honoring God with my physical and personal health (exercise & nutrition) 1 2 3 4 5
- I am pleasing God with every dimension of my life by balancing His purposes in my life 1 2 3 4 5

Magnification Total _____

JUST BEGINNING 0-5	FAIR 5-10	GETTING GOING 10-15	VERY GOOD 15-20	WELL DEVELOPED 20-25
------------------------------	---------------------	-------------------------------	---------------------------	--------------------------------

Optional Exercise: Have your parent(s), spouse, group leader and/or one additional Christian friend fill out a copy of this form before you complete the Purpose Driven Life Health Plan.

PURPOSE-DRIVEN LIFE HEALTH PLAN

Purposes	Possibilities	Plan
<p>CONNECT How can I deepen my relationships with others? (FELLOWSHIP)</p> <ul style="list-style-type: none"> ➤ Family /friends ➤ Relational/emotional ➤ Development ➤ Small group community 		
<p>GROW How can I grow to be like Christ ? (DISCIPLESHIP)</p> <ul style="list-style-type: none"> ➤ Spiritual Disciplines ➤ Financial stewardship ➤ Character development 		
<p>SERVE How can I serve God and others? (MINISTRY)</p> <ul style="list-style-type: none"> ➤ Ministry to the body ➤ Leadership training ➤ Continuing training 		
<p>SHARE How can I share my faith regularly? (EVANGELISM)</p> <ul style="list-style-type: none"> ➤ Mission to the world ➤ Seeker friends/family/work /neighborhood ➤ Cross- cultural involvement 		
<p>WORSHIP How can I live for God's pleasure? (WORSHIP)</p> <ul style="list-style-type: none"> ➤ Regular church attendance ➤ Worship tapes and devotionals ➤ Personal health and balance (Romans 12:1) 		

PURPOSE-DRIVEN MINISTRY HEALTH PLAN

PURPOSE	POSSIBILITIES	PLAN (40 Days)
MINISTER		
MENTOR		
MOBILIZE		
MULTIPLY		
MODEL		

PURPOSE-DRIVEN SMALL GROUP HEALTH ASSESSMENT

Just Beginning
Getting Going
Well Developed

CONNECTING with your church family (Membership)

- We are intentionally cultivating our relationships with Christian friends & spiritual mentors1 2 3 4 5
- We are connected in Christian Community under the care of a Shepherd Leader1 2 3 4 5
- We are more loving, grace giving & forgiving to others than I was a year ago1 2 3 4 5
- We are authentically connecting with my immediate family relationships1 2 3 4 5
- We are resolving conflict with others in a Biblical manner,
and supporting the leadership of this church family1 2 3 4 5

Membership Total _____

GROWING in your spiritual journey (Maturity)

- We are growing spiritually through regular quiet time in God's word & prayer. (Spiritual Habits)...1 2 3 4 5
- We respond to challenges with peace and faith rather than
anxiety and fear to protect me from pain1 2 3 4 5
- We are using a growth journal to develop spiritually1 2 3 4 5
- We avoid using addictive behaviors (food, television, busyness, etc.)1 2 3 4 5
- We are honoring God with my finances & my personal giving (budget) to God.....1 2 3 4 5

Maturity Total _____

DISCOVERING your SHAPE (Ministry)

- We have attended the 301 CLASS, discovered my SHAPE and completed my SHAPE interview 1 2 3 4 5
- We are serving in a regular (monthly or better) ministry to the church body.....1 2 3 4 5
- We are expressing my gifts (S.H.A.P.E.) as a way of life at work and at home1 2 3 4 5
- We are sharing responsibility within my small group by taking a role1 2 3 4 5
- We are praying, discipling, or mentoring another person in the group or community1 2 3 4 5

Ministry Total _____

SHARING your life mission (Mission)

- We are actively praying for & cultivating relationships with unchurched friends & family1 2 3 4 5
- We are inviting seekers to church and sharing my spiritual story with them1 2 3 4 5
- We are participating in cross-cultural missions by discovering their needs and praying for them ..1 2 3 4 5
- We are praying and considering on where God can use me cross-culturally in the future1 2 3 4 5
- We are reproducing my life spiritually and/or praying for when this will happen1 2 3 4 5

Mission Total _____

SURRENDERING your heart as worship (Magnification)

- We are faithfully attending corporate worship services on the weekends.....1 2 3 4 5
- We have created a life mission statement and am seeking to fulfill it1 2 3 4 5
- We are growing in my personal worship to God through music & praise1 2 3 4 5
- We are surrendering my whole life by improving my exercise and nutrition1 2 3 4 5
- We are honoring God with every dimension of my life by balancing His purposes in my life1 2 3 4 5

Magnification Total _____






JUST BEGINNING 0-5	FAIR 5-10	GETTING GOING 10-15	VERY GOOD 15-20	WELL DEVELOPED 20-25
------------------------------	---------------------	-------------------------------	---------------------------	--------------------------------

Optional Exercise: Have your parent(s), spouse, group leader and/or one additional Christian friend fill out a copy of this form before you complete the Purpose Driven Life Health Plan.

PURPOSE-DRIVEN SMALL GROUP HEALTH PLAN

Group Leader _____

Date _____

Purposes	Purpose Teams	Possibilities	Plan (make one goal for each area)
<p>CONNECT With Our Church Family (Membership Purpose Of Fellowship) </p> <p>Hebrews 10:24-25; Ephesians 2:19</p> <p>How can we develop our relationships with God's Family?</p>	<p>_____</p> <p>name</p> <p>_____</p> <p>name</p>	<ul style="list-style-type: none"> • Host a family barbeque. • Pass around the CLASS sign-up sheet. • Share our extended Life Stories 	<p><input type="checkbox"/> Shared progress with my Coach or Division Leader</p>
<p>GROW In Our Spiritual Journey (Maturity Purpose Of Discipleship) </p> <p>Colossians 1:28; Ephesians 4:15</p> <p>How can we grow in our spiritual journey with Christ?</p>	<p>_____</p> <p>name</p> <p>_____</p> <p>name</p>	<ul style="list-style-type: none"> • Commit as a group to regular quiet times. • Memorize one verse a month • Read a book on Spiritual Growth. 	
<p>DISCOVER Our SHAPE For Ministry (Ministry Purpose Of Service) </p> <p>Ephesians 4:11-13; 1 Corinthians 12:7; 1Peter 3:10</p> <p>How can we further discover our SHAPE for ministry?</p>	<p>_____</p> <p>name</p> <p>_____</p> <p>name</p>	<ul style="list-style-type: none"> • Share ministry involvement stories and plans. • Pray for everyone to find a ministry by the fall. • Serve together at Easter 	
<p>SHARE Our Life Mission in the World (Mission Purpose Of Evangelism) </p> <p>Matthew 28:18-20; Acts 20:24</p> <p>How can we share Christ & fulfill our life mission in the world?</p>	<p>_____</p> <p>name</p> <p>_____</p> <p>name</p>	<ul style="list-style-type: none"> • Pray for our family and friends • Share plans and progress for inviting people to Easter. • Pray for the African Missions Team 	
<p>SURRENDER YOUR HEART AS WORSHIP (Magnification Purpose Of Worship) </p> <p>Romans 12:1&2; Psalm 27:6b</p> <p>How can we fulfill our life purpose through our personal & corporate worship?</p>	<p>_____</p> <p>name</p> <p>_____</p> <p>name</p>	<ul style="list-style-type: none"> • Faithfully use the prayer/praise list • Experiment with group worship. • Host a communion service this quarter 	

PURPOSE-DRIVEN SMALL GROUP HEALTH PLAN

Progress (renew & revise)	Progress (renew & revise)	Progress (renew & revise)
30 days/Date _____ <input type="checkbox"/> Shared progress with my Coach or Division Leader	60–90 days/Date _____ <input type="checkbox"/> Shared progress with my Coach or Division Leader	120+ days/Date _____ <input type="checkbox"/> Shared progress with my Coach or Division Leader






PURPOSE-DRIVEN SMALL GROUP HEALTH PLAN

Progress (renew & revise)	Progress (renew & revise)	Progress (renew & revise)
<p>30 days/Date _____</p> <p><input type="checkbox"/> Shared progress with my Coach or Division Leader</p>	<p>60–90 days/Date _____</p> <p><input type="checkbox"/> Shared progress with my Coach or Division Leader</p>	<p>120+ days/Date _____</p> <p><input type="checkbox"/> Shared progress with my Coach or Division Leader</p>

PURPOSE-DRIVEN SMALL GROUP HEALTH PLAN

Progress (renew & revise)	Progress (renew & revise)	Progress (renew & revise)
30 days/Date _____ <input type="checkbox"/> Shared progress with my Coach or Division Leader	60–90 days/Date _____ <input type="checkbox"/> Shared progress with my Coach or Division Leader	120+ days/Date _____ <input type="checkbox"/> Shared progress with my Coach or Division Leader

PURPOSE-DRIVEN LEADER PLAN

Purposes	Possibilities	Probing Questions (Possibilities)
<p>RELATIONAL CONNECTIONS</p>  <p>How can you minister to the needs of this leader?</p>	<ul style="list-style-type: none"> • Call each leader for prayer • Monthly Breakfast • Leadership Huddle • E-Mail weekly encouragement 	<ul style="list-style-type: none"> • How can I best connect with you? • When is a good time to meet again? • Who is your spiritual partner? • How can I pray with you? • What is not working?
<p>REGULAR HABITS</p>  <p>How can you Mentor them toward health?</p>	<ul style="list-style-type: none"> • Healthy habits • Accountability partnership • Bible Study and Prayer • Involve everyone • Tithing to Church • Spiritual Health Plan 	<ul style="list-style-type: none"> • Have you selected a Spiritual pathway? • How are you doing in your devotions? • Can I share my Health Plan with you? • How can I help you grow? • What is your strongest habit you need to grow in, and what is your weakest?
<p>RELEASE SHAPE</p>  <p>How can you motivate their SHAPE development?</p>	<ul style="list-style-type: none"> • Hot Seat Exercise • SHAPE Profile review • Facilitate SHAPE process in Huddle • Review who is serving where • Purpose Team and Discussion Leader selection 	<ul style="list-style-type: none"> • Do you have your ministry purpose Teams? • What is one area to develop your SHAPE? • How are you motivating your members to serve? • When can you do the SHAPE interview? • How can your group serve as a group?
<p>REPRODUCE LIVES</p>  <p>How can you multiply their lives and ministries?</p>	<ul style="list-style-type: none"> • Host a group within a group • Visit group and help identify Leaders • Share Biblical vision at huddle • Celebrate heroes and progress 	<ul style="list-style-type: none"> • Who would lead the question? • Who's next / What's next? (Would you host a group within your group?) • Health Plan review • Visit Group /help identify next steps • What do you think of him/her? • Who has gone or has heart for missions?
<p>RENEW HEARTS FOR LIFE</p>  <p>How can you sustain a healthy ministry?</p>	<ul style="list-style-type: none"> • Encourage Group worship (acapella, CD...) • Rally Leaders together • Ask what's Working, what's not and what's next? 	<ul style="list-style-type: none"> • What is the hardest about leading? • When is a good time to meet with the other leaders? • What are you learning about worship? • Are you reunioneing with old members?

PURPOSE-DRIVEN LEADER PLAN

Progress (Renew & Revise)	Progress (Renew & Revise)	Progress (Renew & Revise)